

1. Strong Sense of Baptismal Consecration
 - a. Understand how the life, death, and resurrection of Jesus Christ saves us from sin and death, and how that salvation is offered through faith and the sacraments
 - b. Root identity in Baptism, which makes possible an active and personal relationship with the Father, the Son, and the Holy Spirit
 - c. Grow in holiness through conversion from sin and a deeper conformity with Jesus Christ, Priest, Prophet, and King
2. Priest: The Christian Family is the Domestic Church
 - a. Exercise baptismal priesthood through participation in the liturgical life of the Church and offering the sacrifices of life through the sacrifice of the Mass
 - b. Live Holy Matrimony as a sacrament: established by sacred vows and lived as a relationship marked by vulnerability, mutual help, and friendship
 - c. Integrate faith in family daily life through meaningful faith conversations, a pattern of devotions and prayer as family and individuals, and intentional traditions
 - d. Prioritize family life as a school of love and the virtues, both moral and theological
 - e. Create a physical environment in the home that manifests and feeds faith
3. Prophet: The Christian Family is *in* the World but not *of* the World (John 17)
 - a. Activate the graces of Confirmation through witness to the faith and its defense
 - b. Order family activities, so that faith life comes first
 - c. Protect the chastity and virtue of family members
 - d. Exercise Gospel simplicity through prudent and temperate pursuit and use of material goods
 - e. Create a culture of learning, study, and teaching for the Christian renewal of the mind

4. King: The Christian Family advances the Kingdom of God
 - a. Charitably practice leadership, obedience, correction, and reconciliation in family life
 - b. Contribute to Christ's healing of family members through mercy, intercession, and sacrifice
 - c. Serve those in need, both within and beyond the parish community, according to the Works of Mercy and teaching of Sacred Scriptures
 - d. Seek to know and foster the vocation of every family member
5. Communion: Christian families live their faith together *like living stones built into a spiritual house* (1Pt 2:5)
 - a. Foster a love of the Church, the Bride and Body of Christ, into which we are incorporated through Baptism
 - b. Build a gracious and vital parish life to advance together the Kingdom of God
 - c. Seek out other families to intentionally grow together in shared Christian life and friendship
 - d. Partake of a regular and frequent family meal
6. Fruitfulness: *By this my Father is glorified, that you bear much fruit, and so prove to be my disciples.* (Jn 15:8)
 - a. Actively take up the mission of the Church and its supreme purpose, the salvation of souls
 - b. Rejoice at the gift of children and the procreative end of marriage
 - c. Evangelize by investing in relationships through which the Gospel can be shared
 - d. Grow in maturity as disciples, manifesting the Fruits of the Holy Spirit, and help to form others as disciples of Christ
 - e. Participate in the development of society and be leaven for the Culture of Life, even if *we have no lasting city, but we seek the city which is to come.* (Heb 13:14)
 - f. Consecrate work lives as a service to the Lord, conducting oneself as a Christian and guided by the Holy Spirit

The Decisions

Non-exhaustive list of potential areas in which concrete decisions could be made:

- Pattern of prayer: timing of prayer for personal, couple, family, and group prayer; as well as taking opportunity of retreats
- Efforts to strengthen the marital friendship and communication
- Plan for family meals
- Potential rituals and traditions, e.g. Sunday meal, birthdays, baptism anniversaries, holidays, family trips and vacations
- Agree upon ways to charitably handle extended family that may be indifferent or antagonistic about the faith
- Any improvements in the physical faith environment of the home
- Make sure children's activities do not overrun family health and faith practice, and decide if something must be curtailed
- Control of media consumption, kind and amount
- Any school programming that threatens children's chastity and virtue
- Levels of expenditures that require enhanced communication, prayer, or limits
- Tithing
- Faith study projects for family members
- Ways to acquaint children with different Christian vocations
- Any practices for more clear decision making
- Steps to correct a child, spouse, sibling and how to reconcile relationships
- Service projects
- Parish events and programs to engage in, and ways to build parish life
- Form a group of families to live the ideals together
- Relationships with individuals and families to pursue and invest in
- Ways to support the Culture of Life
- Work practices that fittingly integrate personal faith and Christian values