# REFLECTION QUESTIONS

## "Fortitude"

SEPTEMBER 18, 2018

#### **ABOUT**

Fortitude refers to strength in the face of adversity or difficulty. People who have fortitude are described admirably for their courage. The word comes from the Latin word fortitudo, meaning "strength."

#### REFLECTIONS

- 1. What do you fear?
- 2. If you gave Jesus a blank check, what do you fear Jesus would ask of you?
- 3. What are some of Jesus' promises that can answer our fears?
- 4. Have you ever prayed for God to give you fortitude?
- 5. Where have you seen God's power at work in you and in others?
- 6. Thinking of Christians throughout history and people in the Bible, what Catholic Superpower do you desire and why? How could you use it to serve God and others?

### **MEDITATION VERSES**

**Ps 27: 1** The LORD is my light and my salvation; whom should I fear? The LORD is my life's refuge; of whom should I be afraid?

**Proverbs 3:5-6** Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.